

Upstairs

November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 12:10 Extreme Spin Michelle	3 12:10 Core & More Michelle	4 12:10 Power Tone Michelle	5 12:10 R.I.P.P.E.D Michelle	6 12:10 Kick & Sweat Michelle	7
8	9 12:10 Step Interval Michelle	10 12:10 Core & More Michelle	11 12:10 Power Tone Michelle	12 12:10 R.I.P.P.E.D Michelle	13 12:10 Kick & Sweat Michelle	14
15	16 12:10 Extreme Spin Michelle	17 Sorry... No Class today! 	18 12:10 Power Tone Michelle	19 12:10 R.I.P.P.E.D Michelle	20 12:10 Kick & Sweat Michelle	21
22	23 12:10 Step Interval Michelle	24 12:10 Core & More Michelle	25 12:10 Power Tone Michelle	26 	27 	28
29	30 12:10 Extreme Spin Michelle					