

Downstairs Schedule

June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 12:10 H.I.I.T Michelle	2 Sorry...No Aqua Zumba Today
3	4 5:15 am Muscle X Terry 12:10 Circuit Training: Sandy 5:45 Zumba Sam	5 12:10 R.I.P.P.E.D Michelle 5:30 Jammin Cardio Linda	6 5:15 am MX Terry 12:10 Step & Spin Michelle	7 12:10 Cut-N-Tone Michelle	8 12:10 H.I.I.T Michelle	9 9:00 Aqua Zumba Lori
10	11 5:15 am Muscle X Terry 12:10 Circuit Training: Sandy 5:45 Zumba Alana	12 12:10 R.I.P.P.E.D Michelle 5:30 Jammin Cardio Sorry... No Class	13 5:15 am MX Terry 12:10 Step & Spin Michelle	14 12:10 Cut-N-Tone Michelle	15 12:10 H.I.I.T. Michelle	16 9:00 Aqua Zumba Lori
17	18 5:15 am Muscle X Terry 12:10 Circuit Training: Sandy 5:45 Zumba Sam	19 12:10 R.I.P.P.E.D Michelle 5:30 Jammin Cardio Linda	20 5:15 am MX Terry 12:10 Step & Spin Michelle	21 12:10 Cut-N-Tone Michelle	22 12:10 H.I.I.T. Michelle	23 9:00 Aqua Zumba Lori
24	25 5:15 am Muscle X Terry 12:10 Circuit Training: Sandy 5:45 Zumba Alana	26 12:10 R.I.P.P.E.D Michelle 5:30 Jammin Cardio Linda	27 5:15 am MX Terry 12:10 Step & Spin Michelle	28 12:10 Cut-N-Tone Michelle	29 12:10 H.I.I.T. Michelle	30 Sorry...No Aqua Zumba Today